



ReAbleU
Therapy

Agenda

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About

ReAbleU Therapy

- ▶ Our goal is to provide individuals and families with an exceptional client-centered experience and ongoing support. Our skills and experience are deeply rooted in supporting youth, young adults, and families challenged by disability and adversity, seeking to maintain and embrace a healthy balance in their personal and professional lives.
- ▶ Providing individuals and families with the tools needed to succeed both vocationally and mentally, when facing tomorrow's challenges.



Darius Murray Ed.S, CRC, LMHC
Founder and Lead Therapist

- Certified Rehabilitation Counselor and Licensed Mental Health Counselor.
- More than 10 years of experience providing support to youth and young adults, affected by autism spectrum disorder and related disabilities.
- Expertise in conducting personalized vocational evaluations and psychological evaluations.
- Offering services to clients in Dade, Broward, Palm Beach, St. Lucie, Hillsborough, and Hernando Counties.

Individualized Vocational Evaluation



Vocational and Situational Evaluation

- Intelligence Test
- Achievement Test
- Interest and Personality Testing
- Skills Assessment
- Temperament Test



Guidance

- Career and Educational Guidance Counseling
- Job Search
- Evaluate strengths and weakness



Resources

- Employment Development
- Social Skills Training
- Job Training
- Accommodation Management

SSI and SSDI Benefits Counseling



In-Depth Knowledge of Social Security

- **Retirement Benefits:** Understanding the eligibility, filing process, benefit amounts, and spousal benefits.
- **Disability Benefits (SSDI and SSI):** Knowledge of qualifications, medical criteria, work credits, and appeals.
- **Medicare:** Part A, B, C, and D, and its connection to Social Security.

Claims and Appeals Management

- **Initial Claims Filing:** Assisting individuals in completing and submitting applications for retirement, disability, and survivor benefits.
- **Appeals Process:** Expertise in managing denied claims and representing clients in appeals, hearings, and Administrative Law Judge (ALJ) proceedings.

Financial and Benefit Calculations

- **Benefit Estimations:** Calculating projected Social Security benefits based on earnings history, age, and retirement timing.
- **Maximization Strategies:** Advising clients on when to file to maximize lifetime benefits, including strategies for delayed retirement credits.

Mental Health Counseling Services



Counseling Modalities:

- Virtual and In-person
- Solution Focused Brief Therapy
- Cognitive Behavioral Therapy



Counseling Opportunities:

- Individual Counseling Services
- Family Counseling Services



Targeted Support Groups:

- Group Counseling
- Social Skills Groups
- Independent Living Group

Currently Accepting:



Sessions Start

**NOVEMBER
2024**

Hybrid



8 Week Program

- Teens/ Young Adults 17 -23 yrs old
- Evidence Based Curriculum
- Network and build skills
- 90 minutes virtual group

Program is open to teens and young adults seeking to improve friendships and social skills. Attendees are presented with targeted skills through didactic instructions, role play demonstrations and activities. Boot camp is lead by Licensed Mental Health Counselor and qualified Behavioral Specialist.



Call For Registration
954-242-2397



SOCIAL SKILLS BOOT CAMP



Discussion Topics

- Starting and Entering Conversations ✓
- Maintaining Conversations ✓
- Treading Information ✓
- Handling disagreements ✓
- Appropriate use of Electronics ✓

**REGISTER
TODAY!**

**Insurance
Accepted!**

For More Information

www.reableutherapy.com

✉ Info@reableutherapy.com

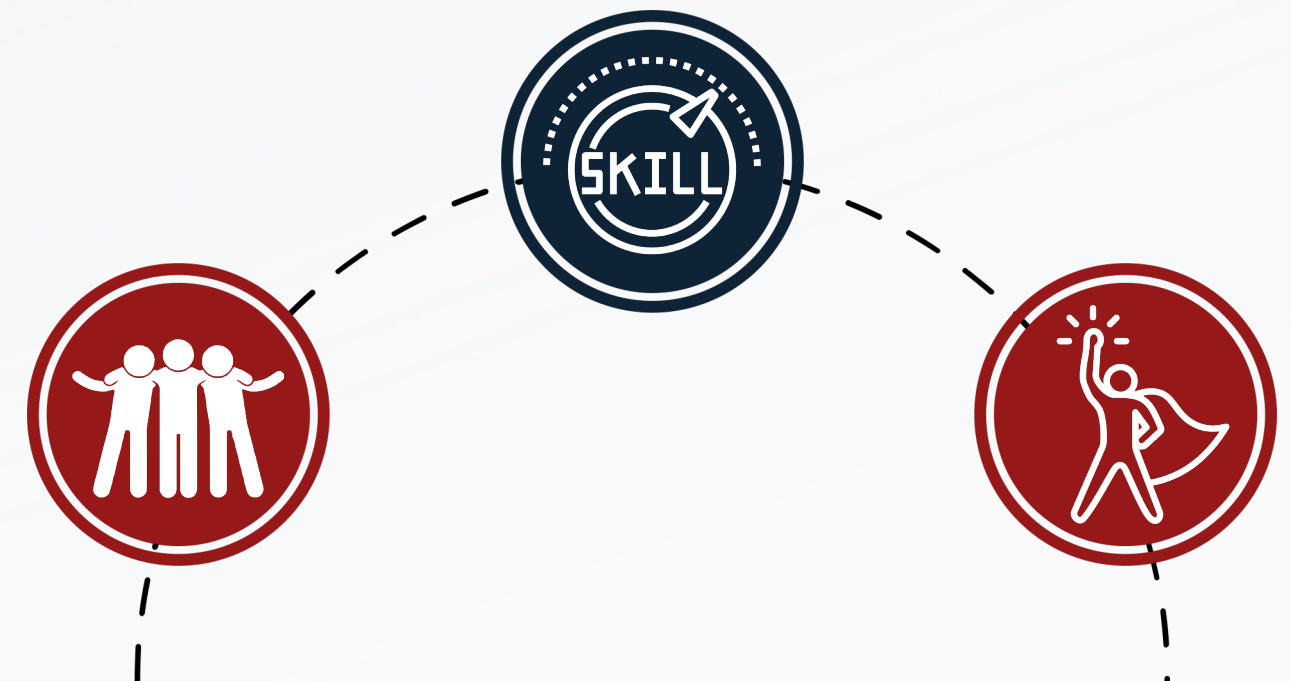
PROGRAM GOAL

Focus

- The program focuses on improving participants' social interactions and relationships through structured lessons and real-life practice.
- Providing individuals with practical and effective social strategies, as they enhance their social competence and overall quality of life.

Key Concepts

- Developing Conversational Skills
- Making and keeping friends
- Handling peer conflict and rejection
- Appropriate use of electronics
- Behavioral Coping Skills
- Enhancing Self-advocacy





SOCIAL SKILLS

A meta-analysis of 55 studies involving over 2,000 individuals with ASD showed that social skills training programs significantly improve social interactions and communication skills in participants .



EMPLOYMENT

Research shows that young adults with training are more likely to gain and maintain employment. One study reported that 55% of participants secured jobs post-training, compared to 25% of those who did not receive training .



EMOTIONAL COPING SKILLS

Reduction in behavioral problems. Programs focusing on emotional regulation and peer interactions have resulted in a 40% decrease in behavioral and increased coping skills.

Contact Information



Serving:

Virtual or In-person

-
- Certified Rehabilitation Counseling
 - Licensed Mental Health Counseling
 - Social Security Vocational Expert
 - Autism Transition Support Specialist
 - Experienced Vocational Evaluator
 - Case Management/ Coaching
 - PEERS Social Skills Provider



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